



Extension
UNIVERSITY OF WISCONSIN-MADISON
WAUKESHA COUNTY



UW-Madison Division of Extension works with residents, businesses, local government and community-based organizations in Waukesha County and beyond to identify and address immediate and long-term educational needs.

Extension Connections

Extension Waukesha County Newsletter

Fall 2021

Highlight: 4-H and Youth Development

Extension Waukesha County 4-H and Youth Development continues to actively serve youth in all areas of Waukesha County, including rural, urban and suburban communities.

Today's 4-H is far more than just farm animals and agriculture. 4-H is a research-based experience that includes mentoring, hands-on projects and meaningful leadership opportunities. Youth in 4-H participate in 70 different interest areas; from natural science, arts and

communications, social sciences, mechanical sciences, family, home and health to agriculture and animal sciences. Popular 4-H projects today include photography, robotics, drones, scrapbooking, drawing and cake decorating.

Extension Waukesha County celebrated 4-H week by hosting a 4-H Open House on October 7. The open house welcomed more than 500 people who learned more about what 4-H has to offer youth and families.

For more information about 4-H, visit the Waukesha County 4-H website at

www.waukeshacounty.gov/UWEX/4H.



Value and Quality Survey

The Extension 4-H program in Waukesha County received high marks in a survey of youth members age 13 and up about their 4-H experience with a program quality overall score of 5.8 out of 7. The survey, 4-H Thriving Model, developed by Mary Arnold, Oregon State University and Ryan Gagnon, Clemson University, was administered in Wisconsin as a pilot in 2020. The survey measured the following 4-H outcomes:

- how 4-H programs give youth opportunities to explore topics they are interested in learning about, passionate about, engaged with (5.5)
- how safe, welcome and supported youth feel in 4-H programs (5.9)
- how youth feel the adults in their 4-H programs care about them and investing time in youth (5.8)
- the extent to which adults in the program help youth to see new possibilities, push them to reach higher and hold them accountable (5.8)
- how youth feel about adult volunteers working with them and if they feel respected, listened to and have their ideas taken seriously (5.9)

Support Extension Programming

Extension Waukesha County can accept tax deductible donations to support programming. Go to <https://supportuw.org/giveto/Waukesha>.

Extension Waukesha County Welcomes Two New Employees

Kelsey Henschen joined Extension on September 20 as the new Department Executive Assistant. Kelsey also provides support for the 4-H program.



Erin Goelden joined Extension on November 8 as a Youth and Family Educator with a focus on 4-H clubs, 4-H projects and community programming.

Erin comes to Extension with more than six years' experience as a public school educator.

She is excited to continue the good work of 4-H and community youth development in Waukesha County.



FoodWise Educators Trained in New *Around the Table* Curriculum

Waukesha Extension FoodWise educators have been trained in two new *Around the Table* curriculums; *Around the Table* and *Around the Table: Nourishing Families*. Each are designed to build food, nutrition, and cooking literacy, while integrating social emotional learning and using trauma-sensitive facilitation. Participants enjoy hands-on cooking, facilitated conversations, and interactive activities that support healthy connections to food, self, and community.

- *Around the Table* is a six-week youth and young adult curriculum designed for groups of 7-15 youth, aged 14-21.
- *Around the Table: Nourishing Families* is a six-week adult curriculum designed for groups of 10-14 adults raising children.

FoodWise educators will begin to implement the program in 2022. For more information, contact our Nutrition Education Administrator at 262-548-7877 or jill.herz@wisc.edu.



Extension Holding Private Pesticide Applicator Training and Exam in Waukesha County

In cooperation with the Department of Agriculture, Trade and Consumer Protection, Extension will provide a training and testing opportunity for 48 Waukesha County farmers on January 26.

Wisconsin farmers who apply certain pesticides are required to obtain an applicator license by passing the Private Pesticide Applicators Exam through the Department of Agriculture, Trade, and Consumer Protection. Farmers are retested once every five years to maintain their license. Those whose licenses were set to expire in 2020 and 2021 had been extended to the end of 2021 due to Covid-19.

For more information about the Extension Pesticide Applicator Training program in Wisconsin, visit <https://fyi.extension.wisc.edu/pat/>.

Master Gardener Volunteer Training Being Offered

Registration is taking place for the online Master Gardener Onboarding course. To become a Wisconsin Master Gardener Volunteer, those interested must complete the Master Gardener Program Onboarding online course (offered each year, January through March).



Being a Master Gardener is about becoming a volunteer with the University of Wisconsin-Madison Division of Extension to help educate the public about gardening and natural resources.

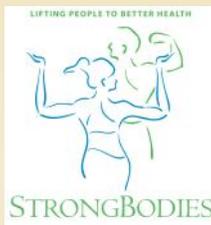
To join the mailing list to receive information, go to <https://mastergardener.extension.wisc.edu/get-started/> and click on "Join our Mailing List."

StrongBodies Expands Programming in Waukesha County

Extension Health & Well-being is looking forward to resuming in-person StrongBodies classes in 2022. We are on the calendar to begin in January at both Froedert Menomonee Falls and St. James Catholic Church. Also in 2022, Extension is looking to expand their classes to western Waukesha County.

StrongBodies is a strength-training program that helps older adults remain strong, healthy, and independent in the community. It also serves an important role in keeping participants socially connected.

For more information about the program, please contact Jen Whitty at 262-548-7789 or jennifer.whitty@wisc.edu.



Landscape & Grounds Maintenance Short Course Offered to Green Industry Professionals

Horticulture professionals will learn up-to-date science-based information to assist them in increasing the economic and environmental sustainability of the landscapes they care for. This online four-week short course will be offered Wednesday afternoons in February. Registration opens in December.

For more information, visit the green industry website at www.waukeshacounty.gov/UWEX/HORT/GI/.

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